**Definitions of Interactive Therapy**

Current Procedural Terminology (CPT): Individual psychotherapy, interactive, using play equipment, physical devices, language interpreter, or other mechanisms of non-verbal communication, in an office or outpatient facility

American Psychological Association (APA): Interactive Therapy: This type of psychotherapy incorporates the use of physical aids to overcome barriers to therapeutic treatment. It is used with patients who have lost or have not developed the expressive language communication skills to explain their symptoms or who lack the receptive skills needed to understand the therapist. One example of this type of psychotherapy involves the use of dolls or puppets when working with young children.

**STATE Examples:**

**Missouri Medicaid:** Individual Interactive Therapy is typically furnished to children. It involves the use of physical aids and non-verbal communication to overcome barriers to therapeutic interaction between the clinician and the patient who has not yet developed, or has lost, either the expressive language communication skills to explain his or her symptoms and response to treatment, or the receptive communication skills to understand the clinician if he/she were to use ordinary adult language for the communications. Individual Interactive Therapy should not be confused with Play Therapy. Play Therapy is not a billable service.

**North Carolina Medicaid:** CPT definition specified to very small children that would otherwise have difficulty with words or others that are unable to communicate verbally