Applications of
Clean Language & Systemic Modelling™
to Equine Assisted Psychotherapy

Join us in sunny, warm Florida for a 3-day workshop designed to help you to incorporate Clean Language and Systemic Modelling™ into your Equine Assisted Psychotherapy and Personal Development practice.

Who's it for?

This workshop is for all practitioners of Equine Assisted Psychotherapy, Learning, and Personal Development who would like to incorporate Clean Language and Systemic Modelling™ into their practice. Different theoretical and practical orientations are welcome, however EAGALA Model EAP will be the method employed.

What's involved?

In this workshop, you will learn and experience the key overriding principle of both Clean Language & Systemic Modelling™ which is that when you do less, your clients achieve more.

The first part of the workshop will focus on introducing the basic set of Clean Language questions and how to ask them to encourage your clients to engage with, reflect on, and make sense of their own experience. You will unlock the power of metaphor and learn first-hand why it’s been described as a doorway to the unconscious mind. Through experiential sessions, you will guide each other to access your unconscious metaphors and your own inner wisdom.

Next the process will move to the arena where you will apply the techniques learned in the classroom to EAGALA Model EAP sessions using live horses. Though the Clean Language skills you’ll have learned may be used in individual EAP sessions, Systemic Modelling™ will focus on facilitating group sessions with multiple clients. You will have numerous opportunities to observe others and practice new skills while receiving in-the-moment coaching.

In addition to direct instruction, indirect instruction will be used as we implement Clean Language and Systemic Modelling as part of the in-the-moment coaching process, serving to both model and teach at the same time. Distinguishing the difference between clean, cleanish and non-clean questions will be emphasized as well as how to keep the entire group engaged. There will be plenty of time for questions and discussion linking the principles of Clean Language & Systemic Modelling™ with the principles of EAGALA Model EAP. A full color workbook will be included to support your learning.
On the first day you will:

- Learn what Clean Language and Systemic Modelling™ are.
- Learn the basic Clean Language questions and how to ask them.
- Distinguish the difference between clean, cleanish, and non-clean questions.
- Understand the process of incorporating a client’s own words or gestures into your questions.

On day two you will:

1. Learn the basic tools of Systemic Modelling™ and how to use them.
2. Learn about your own patterns of thinking, behavior, attitude and identity, and how these relate to other people's patterns.
3. Understand the process of eliciting and developing personal metaphor landscapes and developing desired outcomes.
4. Learn how to incorporate Clean Language and Systemic Modelling™ in EAGALA Model EAP sessions.

On the third day you will:

1. Gain a greater understanding of the role that language, especially metaphor, plays in group thinking, and how this can be utilized to create deep sustainable change in EAGALA Model EAP sessions.
2. Gain a greater understanding of autogenic metaphors and how to elicit them and utilize them in EAGALA Model EAP sessions.
3. Learn how to create a self-reflective environment when working with groups using Clean Language and Systemic Modelling™ in EAGALA Model EAP sessions.
4. Be able to facilitate each individual’s personal experience of symptoms and desired outcomes within an EAP group context using the EAGALA Model, Clean Language, and Systemic Modelling™.

Additional information

Number of CEU’S
18 CEU’s FL Board of Clinical Social Work, Marriage & Family Therapy, and Mental Health Counseling. Though usually honored, FL Psychologists and out-of-state professionals must check with their own state licensing board to determine if FL Board CEU’s will be accepted.

18 CEU’s EAGALA certification renewal

Workshop Cost
$649 Early Bird Registration received by January 2, 2015
$749 Full Registration received after January 2, 2015
Limited to the first 15 paid registrations received
Refunds less $50 administrative fee per person will be given for cancellations up to two weeks prior to the workshop. Cancellations less than two weeks prior to the workshop will be refunded minus a $100 administrative fee per person.
Dates    Feb 27, 28, Mar 1  8:30am-9:00am Check In
         9:00am-4:30pm Workshop
          (Rain or Shine)
         Lunch on your own on the classroom day,
         February 27. Lunch and snacks provided on
days at the stables, February 28 & March 1.

Locations & Directions  Classroom Day 1:  Behavioral Health of the Palm Beaches
                         631 US Highway 1 Suite 305
                         North Palm Beach FL 33408
                         Directions:  From Palm Beach Gardens take PGA Blvd or
                                      RCA Blvd east to US 1, turn right (south) on
                                      US 1 to 631 office building on right.

Stables Day 2 & 3:  13562 Running Water Road
                    Palm Beach Gardens FL 33418
                    Directions:  From Palm Beach Gardens take PGA Blvd
                                 west to end, turn right (north) on Beeline
                                 Highway (FL-710), turn right at blinking light
                                 onto Caloosa Blvd, go approximately 1.3
                                 miles, turn right onto Running Water Road,
                                 turn right at second driveway into #13562
                                 Running Water Road, park on the street or on
                                 the grass swale next to the property.

Local Accommodations  This is peak season in FL - rates are high and hotels fill quickly!
Please book early to ensure you have a room.

Super 8 North Palm Beach PGA Blvd - (561) 848-1424
757 US 1 South, North Palm Beach, FL, 33408
$109 Use code BHOPB/EAGALA to get this 15% discounted rate

Best Western Windsor Gardens Hotels & Suites - (561) 844-8448
11360 US 1, North Palm Beach, FL, 33408
$175-$272 Use code BHOPB/EAGALA to get this 15% discounted rate

Hampton Inn Palm Beach Gardens - (561) 625-8880
4001 RCA Blvd Palm Beach Gardens, FL, 33410

Embassy Suites Palm Beach Gardens - (561) 622-1000
4350 PGA Blvd Palm Beach Gardens, FL, 33410

Hilton Garden Inn Palm Beach Gardens - (561) 694-5833
3505 Kyoto Gardens Dr Palm Beach Gardens, FL, 33410

Doubletree By Hilton - Palm Beach Gardens - (561) 622-2260
4431 PGA Blvd Palm Beach Gardens, FL, 33410

Marriott Palm Beach Gardens - (561) 622-8888
4000 RCA Blvd Palm Beach Gardens, FL, 33410
Trainers
Caitlin Walker
Caitlin is a director of Clean Learning and the developer of Systemic Modelling™. She is the author of “From Contempt to Curiosity,” which details many of the innovative and transformational projects she's led across our community from the most dispossessed to leading think tanks.
http://cleanlearning.co.uk/are/caitlin-walker

Lisa Baugh
Lisa Baugh is a licensed Marriage and Family Therapist and resides in Wellington Florida. She is Advanced Certified by the Equine Assisted Growth and Learning Association and has over 40 years of experience working with horses. Sagittarius Rising, her equine assisted therapy, personal growth, & team building program serves adults and adolescents from institutions, agencies, referring therapists, and businesses in Palm Beach County FL and surrounding areas.
www.sagrising.com

Co-Sponsored by
Behavioral Health of the Palm Beaches
Behavioral Health of the Palm Beaches in Florida offers patients state-of-the-art residential alcohol and drug treatment with the highest REAL success rates for addiction recovery today.
http://www.bhpalmbeach.com/

Registration
Complete and mail in registration form below

Questions?
Call Lisa Baugh 561-791-8939
Lsbaugh1@yahoo.com
Applications of Clean Language & Systemic Modeling™ to Equine Assisted Psychotherapy & Personal Development

Registration Form

Please use one registration form for each participant.

Make checks out and mail to: Sagittarius Rising LLC
12757 Meadowbreeze Drive
Wellington FL 33414

Phone: 561-791-8939

Participant’s Name: ____________________________________________________________

Mailing Address: ________________________________________________________________

City______________________________ State _________ Zip _________

Phone: (_______)_____________________ Alternate Phone: (_______)_____________________

Email (Important to receive timely information): _______________________________________

Amount Enclosed: ☐ $649 Early Bird Rate ☐ $749 Full Price Rate

Registration Before January 2, 2015 Registration After January 2, 2015

Make checks out and mail to: Sagittarius Rising LLC, 12757 Meadowbreeze Drive, Wellington FL 33414.
Enrollment will be limited to the first 15 paid registrations received.

Refunds less $50 administrative fee per person will be given for cancellations up to two weeks prior to the workshop. Cancellations less than two weeks prior to the workshop will be refunded minus a $100 administrative fee per person.

License # (Required to receive FL Board CEU’s): ________________________________

18 CEU’s will be provided through the FL Board of Clinical Social Work, Marriage & Family Therapy, and Mental Health Counseling. Though usually honored, FL Psychologists and out-of-state professionals must check with their own state licensing board to determine if FL Board CEU’s will be accepted.

18 CEU’s for EAGALA certification renewal must be reported through EAGALA renewal process. CEU’s for any other certifications should be discussed with the authorities of those associations and organizations.

Description of your equine assisted practice experience (certifications, trainings, experience etc.)

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